

# Anna Arnett

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## EDUCATION

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**B.S., Dietetics, Brigham Young University** April 2016

- GPA 3.87

## EXPERIENCE

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**Diet Aid/Prep/Dishwasher** Sept 2015--Present  
Provo Rehabilitation and Nursing

- Interact with residents to make sure meals are satisfactory.
- Prepare alternate meals and specialized diets for residents.
- Coordinate patient meals with CNAs.
- Collect and wash dishes quickly and efficiently.

**International Nutrition Researcher** May—Present  
BYU Study Abroad/Internship with NuSkin, Malawi

- Conduct 24-hour recalls with Malawian farmer families.
- Co-develop a process to prepare the staple food to increase the calcium content.
- Conduct mineral content and sensory analysis testing.

**Teaching Assistant** May 2014—April 2015  
PD Biology Department, Brigham Young University

- Taught students about human physiology in both lecture and one-on-one settings.

**Food Service** April 2014—June 2014  
Cannon Center, Brigham Young University

- Prepared and served food quickly and efficiently for hundreds of customers.

**Dietetics After School Program** Sept 2013—Dec 2013  
Brigham Young University

- Taught basic nutrition concepts to children at Rock Canyon Elementary School.

## CERTIFICATIONS AND PERMITS

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**Blood Pressure Certification** October 2015  
**Utah Food Handler Permit** Expires March 24, 2017  
**ServSafe Manager Certification** Expires September 2019

## AWARDS

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**ORCA Grant** 2016  
**\$10,000 Research Grant from Nu Skin Force for Good Foundation** 2016  
**Brigham Young University Half Tuition Scholarship** 2012, 2013, 2014, 2015  
**Morgan Hill Mushroom Marti Gras Scholarship** 2012